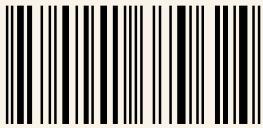


# RAM



**Your  
Student  
Magazine**

**Issue Four**

**June/Hune 2020**

# BREAKING NEWS



New Zealand  
Announces  
2020 Can  
Resume

## **Government Student Support**

Understanding the  
COVID Tertiary Student  
Support Package

## **Get Your Life Back to Normal**

Hot Tips From Your  
Best Pal Beaver

## **Compassionate Marking**

And Controversial  
Grade Steps

**RAM Magazine**

Lincoln University  
Students' Association

**Email: [media@lusa.org.nz](mailto:media@lusa.org.nz)**

**[lusa.org.nz/RAM](http://lusa.org.nz/RAM)**



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# Sam Blackmore

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Welcome back to campus! And for those of you who are still away—we can't wait for you to be able to re-join us on site as soon as you get here.

First up I want to say how glad I am to be getting back into the office and out of my bedroom/boardroom/workroom. A return to some sense of normality is so relieving, however I'm not sure if I'll be bringing everything back from the pre-lockdown days.

1. My car isn't as pivotal to my existence as I once thought it was. Now I won't lie, I'm a bit of a petrol head and I do get a bit of joy in driving. But after 7 weeks of barely going anywhere I don't think I'll be jumping at the opportunity to clock heaps of Ks up again. Not to mention the fuel savings!
2. Zuis (Zoom Hui) are a great alternative to jumping on a plane for a meeting! With everyone—except some of the more extreme boomers—getting the hang of Zui etiquette, the meetings are getting super productive. I also don't think I'll be drinking as much as I used to when it comes to the "you're on mute" drinking game, which may actually be a good thing!
3. Keep it NZ made and supporting local. I am so keen to try out as many new coffee shops, kiwi clothing brands and our epic tourism industry this year.

The last 7 weeks has also been a lot of work in the advocacy realm for LUSA and some of the things the staff and the Exec have been able to achieve and support throughout the lockdown:

- Coming to an agreement with the University on stopping accommodation fees,
- Advocating for a blanket Impaired Performance consideration for students,
- Hardship Fund and Community Pantry support over \$70,000, with more than 10 times as many applicants than in 2019!
- Well-being Drop In supported by the Exec,
- Sunday International Cooking Sessions supported by the exec,
- Countless hours in meetings across all levels of the Uni providing the student voice.

Needless to say I'm really proud what the whole LUSA team has been able to get together to achieve. However we know we aren't perfect, so please get in touch with us if there are things that are happening around the Uni that you aren't happy about—we are your voice to the Uni, use us!



## Max Lichtenstein

### Vice-President

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Kia Ora Koutou Katoa

COVID-19. What a situation.

Level 2, though! Who would have thought we were ever going to make it but it's here, it's happened and it's been a heroic effort. It's been a bumpy and tender learning experience for us all. A big thumbs up to you all for making it through and adapting to what is no doubt a very different 'new normal.'

Personally, I found the online learning concept a challenge in the beginning because it was hard to balance my workload and focus amongst all of the other distractions. It was also difficult because we didn't choose to be out of the campus knowledge environment and learning individually. It's not too much longer to go now and I'm just hanging out for the ski season. Exam's aren't that far away and although we won't have to be staring at the clock in the Sports Hall for 3 hours, we still have to study hard and be prepared. The semester's not over yet.

The level 2 guidelines for tertiary institutes from the Ministry of Education state that there is "no specific size limit for education-related gatherings." I'm not sure about you, but my interpretation of "education-related gatherings" goes beyond lectures and labs to a great reunion at the Famous Grouse! So, I'll see ya there for a cold one of the next few weeks—we might even send an invite to the Minister of Education. Who knows at this point what Semester 2 will look like. All going to plan, I'll bet my gumboots we'll be back on campus, studying hard and not being socially distant!

Ngā mihi maanakitanga  
Max



## Gregory Flemming

### Secretary

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Hello!

Level 2 is upon us! For the first time, we are experiencing actual freedom! After almost 2 months, Auntie Cindy has given us the green light to get back to (relative) normal. That means Sunday brunches, wine and cheese hangouts, nights out at the movies, and first table bookings! This has all been possible because collectively, Aotearoa made a sacrifice so that we could protect our vulnerable and move out of lockdown comparatively sooner.

It has been awesome to see our student community connecting during lockdown with the likes of SPACE, International Club, African and Caribbean Club, and Christian Fellowship hosting online events and quizzes! As we continue to study off-campus, these virtual spaces will be still a meaningful way to connect. LUSA has a premium Zoom account that any club is free to use. We also have grant money available for competitions, purchasing prizes, or for something else to run your virtual event or hangout. If you or your club is interested in hosting a virtual hangout then, you can email me at [gregory.fleming@lincolnuni.ac.nz](mailto:gregory.fleming@lincolnuni.ac.nz).

Lastly, a friendly reminder that we have less than 5 weeks until mid-year holidays! So, take some time to plan how to tackle your remaining internal assessments and a study for the final exams.

Ngā mihi nui  
Gregory



## **Kate Lambarth** **General Rep**

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Firstly, I want to thank the LUSA exec for having me on board as a general rep! I am so excited about the rest of this year and couldn't imagine a better team to be a part of!

Secondly, Is there anyone else out there that has more trouble sticking to a Netflix TV series than starting an new assignment? Well, that's me. My attention span doesn't seem to last that long when it comes to watching a TV series, and I've always wanted to be one of those people that binge watch, but man, that seems harder than making a perfect soufflé. Tell me your ways!

Thirdly, (Another useless question) have you ever felt stressed because you're not stressed but everything around you is telling you that you should be stressed. And you try and feel the stress you're 'supposed' to feel but its not happening and life just carries on in its weird cruisy ways? Yes, this is confusing, welcome to Kate Language. But this is a serious issue I'm telling you right now.

Fourthly, I want all you stress bugs out there to take a leaf from my favourite quote; 'Pressure is a reality, stress is a choice'. This is a useful quote when you are trying to imagine how you will fit everything into one day. Not so useful for the jibber jabber I mentioned above, that's mostly nonsense.



## **Barbera Forster** **General Rep**

---

Hello everyone!

Well what a wild month of waking round the same block everyday and stressing about uni work it has been. Procrastinating has definitely kept me busy! Hopefully everyone is keen to kick the rest of this year off with a bang and get life back on track to a new kinda normal. It's definitely made me appreciate any kind of events and social activities I took part in, and by social events I mean coffee in Grounded with my Friends.

Not much else I can add really hope everyone is ready to get back into this year and is in a position they can do so! It's a busy time on the farm I've herd with everything that's happening!

Hope the new normal isn't going to be to stressful make sure you sing out if you are struggling and LUSA will have your back :)



## **Sarah Visser** **General Rep**

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Kia ora anō! Hello again! I want to take this moment to say THANK YOU!

Thank you to ALL of our university staff who have been working on the front line and behind the scenes to make our university experience as smooth and engaging as possible during lockdown. I feel so blessed to be a student at Lincoln where people have sacrificed so much of their personal time to keep the heart of our campus pumping.

And THANK YOU to all of you beautiful students for persevering through challenges big and small. It's not an easy season, but it'll be worth it when you look back a year from now.

Galatians 6: 9, "Let us not grow tired while doing good, for at the right time we will reap a harvest if we do not lose heart."

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### **FROM THE EDITOR**



Well, it's been an interesting semester, and while it may feel like everything has changed, rest assured, here at LUSA we are continuing with all the cool stuff we always provide. From June 8th, we are putting on our bi-annual Study Stall. There is

free food on offer every day so check in on LUSA's Facebook to see what your feed of the day is.

In other news, Forbes Stage Two is looking SO GOOD! We are hoping to move into our new office for Semester Two 🍷



## Zoe Arts Postgrad Rep

---

Wow those 8 weeks disappeared fast! I hope you are all coping well, it's been a bumpy ride but we will get through it. Remember its ok to ask for help or support if you're not coping, places you can get support include both LUSA and student health.

It's important to keep up to date with information right now, there are several places you can access information, LUSA's and Lincoln University's Facebook pages are useful tools as is the Lincoln University postgrad society page. There is also the HUB and the Lincoln Learn page. Be sure to keep an eye out on the 2020 postgrad society Facebook page for some upcoming competitions and prizes.

Currently we are thinking up ideas for events in person or online for postgrads, we really want to make sure there are options for postgrads to stay connected during these times. Turns out you guys weren't very keen on a virtual coffee and chat, so if you have any thoughts or ideas please flick me a message, I would love to hear from you.



## Balaji Poobalamurugan Leksshman International Rep

---

Kia Ora everyone. My name is Balaji and I'm your LUSA International Representative for 2020. I was born in Tamilnadu, a southern state of India, and completed my Bachelor's in chemical engineering. I always wanted to be an industrialist so I decided to pursue my postgraduate degree in food innovation at Lincoln University.

I always look forward to learning, practice and improve myself every day. Taking risks and maturing as an ideal personality is my way of attitude towards new situations and a new environment.

Part of my role at LUSA is to help and make the changes you want to see at this university, so if you see me around feel free to have a chat about anything. Indeed, being the International Representative for LUSA is a great opportunity to help students and the international community.

Apart from my studies and work, I'm a DJ, so I play and create electronic music in my free time. Hope you all have a fantastic experience at Lincoln University.

Cheers.

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## NEWS

### New Dates for Semester One

Due to the impact of the virus and lockdown, some semester one dates have changed.

Activity	Existing	Revised
Sem 1 lectures end	29 May	<b>5 June</b>
Study break	1-5 June	<b>8-12 June</b>
Sem 1 exams	8-19 June	<b>15-26 June</b>
Sem 1 exam results released	1 July	<b>8 July</b>
Sem 2 starts	13 July	<b>13 July</b>

### Covid-19 Special Considerations

This form is to be used by ALL students requiring special consideration for any piece of in-term assessment or formal examination due to Covid-19 circumstances.

Covid-19 Special Consideration application forms must be returned to Amanda Emery: [amanda.emery@lincoln.ac.nz](mailto:amanda.emery@lincoln.ac.nz)



[Max Lichtenstein]

## On the Agenda for Issue Four 2020, we're talking COVID compensation in the form of compassionate marking and (controversial) grade steps.

No doubt, COVID-19 has created many uncertainties for all of us. Many of us have lost jobs, felt isolated and this has placed further burdens on our studies. We're not alone, these are collective issues and the staff have also been experiencing increased pressures having to move their pre-planned lessons into an online format. It's important to keep in mind that this is new territory for all of us and we're collectively doing our best to get through unscathed.

On Friday the 1st of May, Lincoln University announced that all examiners will be taking a university-wide compassionate approach to assessment marking. LUSA had been pushing hard for this kind of student support right when COVID started to become a big deal back in February. The news came as a welcome relief to all students as it shows the University acknowledges our struggles with technological difficulties or being in an unsatisfactory learning environment. The move further bypasses the process of applying for an aegrotat due to impaired performance\*.

By acknowledging our disruptions, the University has placed their trust in us by removing proper academic dishonesty checks and balances. In turn we are placing trust in our lecturers and examiners to ensure that they truly are being compassionate. An effective element of this approach is that it is applied across all students, regardless of whether you are an undergrad or research student. Furthermore, it gives examiners the power to make the right decisions about support for students. It is really positive to see that the University has been open to supporting us through these difficult times.

Across the Country, different institutions are taking different approaches to student hardship. A week after LU, The University of Auckland jumped on the bandwagon and announced a one grade step-up for all students enrolled in Semester One courses. While this might look great for a student's GPA on the surface, the policy fails to acknowledge the direct disruptions COVID-19 has caused to meeting assignment deadlines or a student's mental

health going forward. A grade-step only creates inconsistency in past-semester grades and against other students. Unfortunately, a grade-step is also difficult to apply in a coherent way when some student problems are unique to the individual or more severe than others.

If all students sitting on a B+ go to an A-, what does that look like when applying for a competitive job? For arguments sake, a Vic student with similar grades (pre-covid) and who does not receive a grade step, is also applying for the same job. How will the employer get an honest representation of which student should get the job? As one facebook comment said, the new policy only highlights the failures in Auckland Uni's system to not be able to handle individual compassionate considerations.

The University of Otago have also implemented a similar initiative with a five mark increase in grades. In the second week of May, New Zealand Union of Student Associations (NZUSA), published an open letter to the New Zealand Vice-Chancellor's Committee (a forum of all VC's around NZ) calling for all universities to apply a consistent approach to managing student impairments due to COVID-19. The letter acknowledges that students are still being able to learn online yet highlights the significance of inconsistent approaches across all eight universities being detrimental to all students.

While, we can agree that all students deserve fair treatment, 100 percent, I believe that our institutions have the responsibility to take further care for our students, rather than a single blanket grade-step for every student, because in the end students will still fall through the cracks—and that's not inclusive education. The inconsistencies across the country only show the foresight of LU to be ahead of the game and support our students. I hope this has sparked some interest in student issues across Aotearoa for you, and I encourage you to use your critical thinking skills to look more deeply into university/student affairs.

*\*For severe or significant disruptions (such as a bereavement during this time), the COVID-19 Special Consideration process remains in place. Please utilise this if necessary.*

**It's important to keep in mind that this is new territory for all of us and we're collectively doing our best...**

# Understanding the COVID-19 Tertiary Student Support Package from the Government

[Mishael Coulter]

In case you hadn't already heard, the Government is **HERE FOR STUDENTS**. Here's a quick list to round up the measures\* in place so far:

- An extra \$1000 in course related costs
- The ability to apply to your university to provide you with devices, software or internet access to allow you to access your course (devices remain the property of the university)
- Support payments for students unable to study online can continue for up to 8 weeks
- If students receive a partial tuition fee refunds because their course was discontinued as a result of Covid-19, this will not affect their future entitlement to student loans
- If students find themselves unable to complete a course of study in 2020 due to Covid-19, this also will not affect their entitlement to the Fees Free scheme

If these measures look like they amount to fuck all and fail to address the day-to-day struggles of students, I'm with you. Let's look at what measures\* have been made available in other areas:

- Employer Wage Subsidy. The scheme has so far paid out over \$10 billion. Some students will have received some money under this, some will not have.
- Aviation. \$600 million to support the sector, including supply chains.
- Small and medium business. \$6.25 billion scheme that will help to protect jobs.
- Social services sector. There will be \$27 million to allow essential support for communities to continue.
- "Most vulnerable". A little vague on the terminology but \$2.8 billion has been made available in an income support package, which includes a \$25-per-week benefit increase and doubling the Winter Energy Payment.
- Health sector. Over \$530 million to strengthen health services and support GP's and pharmacies



- Māori and Pasifika communities. \$41 million to support Maori businesses and provide funding to Māori health services and community outreach, and \$17 million towards Pasifika health services and outreach, and providing guidance in Pacific languages.
- Racing. Not technically a part of the official COVID-19 response, but on May 12 \$72.5 million in emergency support was announced for racing (FYI, check out an article by RNZ from back in February reporting tens of thousands in donations from some in the racing industry to the party of the racing minister. Not illegal, but raises an eyebrow).

Fuck me, but doesn't there seem to be a disparity in what a student support package looks like versus a package for anyone else? Mad yet? I am. I don't think anyone would argue that there shouldn't be. Well, I just wish there was more support available for students. It's not as though getting more support is impossible though. In fact, NZUSA (the New Zealand Union of Students' Associations) has worked in tandem with Te Mana Ākonga (the National Māori Students' Association body) and Tauria Pasifika (the National Pasifika Students' Association body) to deliver a National Student Action Plan on COVID-19. This came off the back of seeking input student associations from around the country, to recommend what could be done to properly support students. The Government has elected to do nothing with these recommendations.

There's still plenty that can be done about this. Every single student has a voice, and each of you should be unafraid to use it. Use it to contact people who can advocate on your behalf (a starter list below), and use it when it comes time to vote at the election.

#### Who can I contact?

- **Chris Hipkins**, Minister for Education and Labour Party spokesperson for tertiary education [chris.hipkins@parliament.govt.nz](mailto:chris.hipkins@parliament.govt.nz)
- **Tracey Martin**, Associate Minister for Education and NZ First Party MP [t.martin@ministers.govt.nz](mailto:t.martin@ministers.govt.nz)
- **Chlöe Swarbrick**, Green Party spokesperson for tertiary education [chloe.swarbrick@parliament.govt.nz](mailto:chloe.swarbrick@parliament.govt.nz)
- **Nikki Kaye**, National Party spokesperson for tertiary education [nikki.kaye@parliament.govt.nz](mailto:nikki.kaye@parliament.govt.nz)
- **David Seymour**, leader of the Act Party [david.seymour@parliament.govt.nz](mailto:david.seymour@parliament.govt.nz)
- **Sam Blackmore**, President of LUSA [president@lusa.org.nz](mailto:president@lusa.org.nz)
- **Isabella Lenihan-Ikin**, President of NZUSA [president@students.org.nz](mailto:president@students.org.nz)
- **Mamaeroa Merito** and **Nohorua Parata**, co-Tumuaki (Presidents) of Te Mana Ākonga, reach out to them through Kyle Murray at [kaihapai@temanaakonga.org.nz](mailto:kaihapai@temanaakonga.org.nz)
- **Ali Leota**, President of Tauria Pasifika (you can find Tauria Pasifika on Facebook and Instagram)

You can also send a letter, for free, to any Member of Parliament:

[insert MP name]  
**Freepost Parliament**  
**Private Bag 18 888**  
**Parliament Buildings**  
**Wellington 6160**

If you need help in anyway, reach out to someone, and know that you aren't alone. Heck, email me if you like—[mishael.coulter@lincolnuni.ac.nz](mailto:mishael.coulter@lincolnuni.ac.nz)

\*No, I'm not providing references. You're not my lecturer and I encourage you to utilise Google to do some extra reading on the facts.

This piece was written and submitted to RAM on May 13 2020, but the author would like to note that on March 14 2020 a \$20 million hardship fund was announced as part of the new Government budget. So far, all that is known about this new fund is that it will be administered by your tertiary provider, so watch this space!

# THEY SEE ME TROLLIN'

## They Hatin', Patrolling and Tryin' to Catch Me Writin' Dirty

**Stuff**  
Yesterday at 16:04

One woman was due for a new contraceptive implant in March, but won't get one til July due to coronavirus delays.



**STUFF** • 3 MIN READ  
**Coronavirus: Months-long waits for contraceptives during Covid-19 lockdown**

- How hard is it to keep your [cat] closed

21h Like Reply 26
- Keeping my [cat] closed isn't going to help with my chronic pain or other issues I use birth control for unfortunately.

21h Like Reply 41
- It's not just for contraceptive purposes, some of us need these for hormonal balance, heavy bleeding, endometriosis and the list goes on. It's not all about sex

20h Like Reply 12
- And then theres those of us who have been on lockdown from the [cat] before lockdown even started...

20h Like Reply 4
- [redacted] easier than a man trying to keep his [cat] secured away

20h Like Reply 2

**Stuff**  
10 May at 20:07

ADVICE: He's so confident now he's thinner and I feel like I am going to lose him.



**STUFF** • 2 MIN READ  
**Now he's lost weight I feel I'm not good enough**  
ADVICE: He's so confident now he's thinner and I feel like I a...

- Most Relevant
- I thought this was a paknsave ad and read it in stickmans voice, I was very confused for a few seconds..

1d Like Reply 306

**Stuff**  
10 May at 19:02

Lack of contraception and extra time lead to population growth, but not everyone is busier in the bedroom.



**STUFF.CO.NZ**  
**Covid-19 lockdown could lead to baby boom**  
Lack of contraception and extra time lead to population gro...

- It will be a divorce boom if anything. People don't cope without their independence and being stuck together if you have any tension in your relationship isnt going to make it better.

1d Like Reply 16
- thanks Dr. Phill, sounds like the insights of a solo mum.

NZs real battler

1d Like Reply 1

**Stuff**  
7 hrs

KFC opted to close early during level 3, but staff told to wait idle until the usual time if they want to be fully paid.



**STUFF.CO.NZ**  
**Coronavirus: KFC staff left 'twiddling thumbs' in level 3, or pay docked**

- As KFC "restaurants" are always pretty dirty looking maybe some cleaning could fill in ya time

7h Like Reply 39

**Stuff**  
3 hrs • 🌐

A mother has taken her son out of class at Kāpiti College after finding out he shares cooking with classmates.



STUFF.CO.NZ  
**Coronavirus: Concerns over lack of Covid-19 social distancing and shared food at Kāpiti College**

**[Redacted]**  
She sent her kid to Kapiti college and sharing food was where she drew the line ?  
3h Like Reply 49

**Stuff**  
1 May at 11:06 • 🌐

A proposed new law could allow personal possession of 14 grams of cannabis.



STUFF • 6 MIN READ  
**Government reveals details of cannabis referendum legalisation**

**[Redacted]**  
Minds will be ruined and addictions will soar. Most users after just a puff or two become hopelessly addicted.. Many and I mean there are many who have been known to be so stoned they have put their sweet innocent babies in the oven. Thank God so far they are so high and confused they cannot figure out how the oven works to turn it on... Is it really worth it??? think about the children!!!!  
5d Like Reply 116  
View 69 previous replies...

**Stuff**  
54 mins • 🌐

More than two-thirds of Kiwis think a lump sum cash payment paid to everyone will be an effective way of stimulating the economy.



STUFF.CO.NZ  
**New Zealanders want payments from Government, survey shows**

**[Redacted]**  
Wait til you lot have to go on a benefit we cant even live properly.try getting \$300 a week for power food and rent.wish some of the richer people would lose their incomes and be forced into getting payments from winz then they would know how bloody hard it is to live without the basics.  
34m Like Reply 40

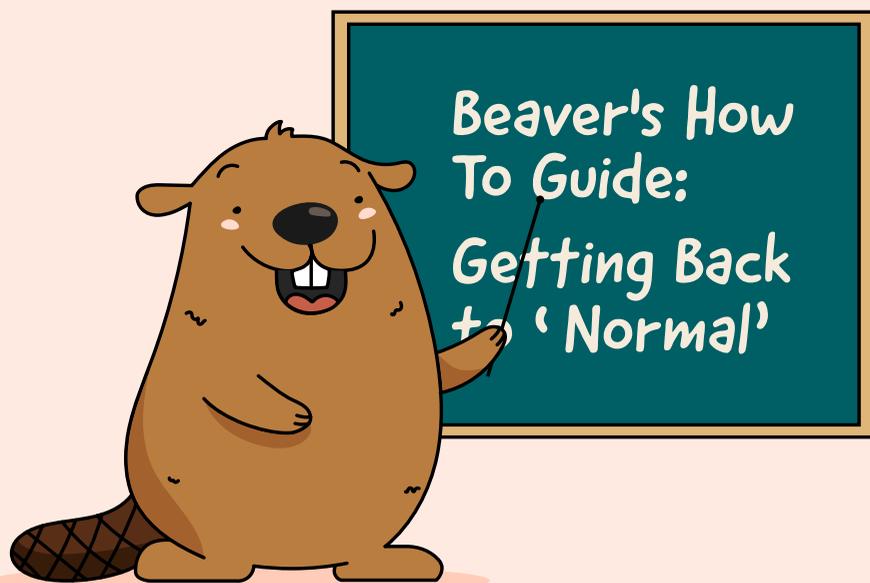
**[Redacted]**  
Errr the so called "richer" people work for their money.  
30m Like Reply 120

**[Redacted]**  
If the "rich people" go broke who is going to pay your benefit. Stupid comment.  
27m Like Reply 76

**[Redacted]**  
I so hope the helicopter payments are for thoses who pay tax and none on benefits 🙄  
27m Like Reply 56

**[Redacted]**  
Wait til you work and earn the same amount as people on the benefit....  
27m Like Reply 29

# HOW TO GET YOUR LIFE BACK TO NORMAL



## GETTING BACK TO SOCIAL NORM

Because you've just spent the last what feels like 3,927 days probably only talking to your cat, my top tips for re-entering the world are: don't vomit on the first person you talk to, and no one needs to know you've spent the whole time washing your hands and staring out the window. There has been enough feline action from Joe Exotic without you having to take on the behaviour of your purring pussy. Calm your shit Patricia, we don't need detail of how much your pussy has been purring.

## DON'T BE LIKE DUMB DARRYL AND HAVE A PARTY

I know I'm being cliché, but do we really need another 4 weeks in lockdown? I think not. Even Karen has forgotten how to complain, and without her infamous haircut, she's not even recognisable anymore. Everyone for themselves! Have yourself a drunken zoom party instead, play some dirty secret games to get the ball rolling. Good thing is, you can answer however you like and no one can beat you up for it, like those notorious first year boys...

## WHAT TO DO ABOUT ALL THOSE TINDER CONVERSATIONS

I've learnt now more than ever how many friends I have that are getting on that hoe train during isolation. Some are talking to 10 people on Tinder, others are talking to about 75. First of all, I don't know how you all have time, so kudos! But... like most Tinder conversations, a lot of them are expecting it to result in a date or a bit of 'hanky panky'.

But if you've got 75 people on the go, why not organise a group get together if you want to meet them all? You know, the whole '2 birds with one stone'. Or in this case, '75 birds with one bone'. We all know that's what Patricia will be doing once lockdown is over. Oi pharmacies! Start stocking up on your 3B cream!

If you don't want to meet any of these people and you've just been tundering for a bit of boredom busting flirtation, let the other person down easily. But remember, don't feel bad, you are not obliged to meet someone if you don't want to!

I can't blame any of you really, this lockdown has been tough, and if dirty talk and flirting is your way through it, then so be it. At least you'll be an absolute profesh when it comes to actually meeting people in real life. Either that or this whole thing has made you more anxiety ridden than Demi Lovato coming out of rehab. Good luck out there nutshells.

But anyway, that's my shit for the month. Keep safe people! I'm looking forward to seeing all 15 students who read this in the flesh. But for now here is my beaver motto to get you through...

"If the Tinders are clicking, you'll be ready for a good dickin'"

Regards,  
Beaver

[Photo from Meridian Energy, Te Kete Ika Solar Panels]



# The University & Our Environment

An update from SAGE & the Sustainability Taskforce

[Max Lichtenstein, SAGE Student Rep]

Despite the current circumstances of COVID-19 and the impact that has had everyone, Lincoln is remaining committed to reducing its environmental impact. The University is working on implementing sustainability measures into its current Campus Development Programme. A sustainability taskforce has been established within the Senior Management Group, under the directive of Council and the Vice-Chancellor. The taskforce have based their current initiatives off of a proposed Climate Action Plan, written by the students of SOCI314 in 2019. This was a great win for the student body and shows how collective collaboration can create change.

I can confirm that each senior manager on the taskforce has a commitment to sustainability in their key performance indicator's. The University believe this provision of collective but individual

responsibility will be more impactful than employing a stand alone sustainability manager and that it puts these issues at the highest level of focus.

For now, the University's focus includes six key areas; Green Infrastructure, Energy, Water and Biodiversity, Mobility, Waste, and Farms. These fields represent the different operations of the University and are categorised to help Lincoln achieve carbon neutrality by 2030. This is the first goal of their proposed draft Action Plan, the second is to become carbon zero by 2050. Prior to COVID-19, the University had intended to conduct a carbon audit this year as no official or comprehensive data of Lincoln's emissions currently exists. At the very latest, this audit will definitely take place in 2021.

What do the focus areas look like? ▶

## **GREEN INFRASTRUCTURE**

Lincoln will be aligning to the Green Star Rating system for buildings. The Green Star Rating goes up to Level 6. Lincoln's new buildings will be designed and built to achieve a minimum of Level 4. Level 4 is considered best practice and provides a balance between sustainability enhancements, whole of life and capital costs.

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## **ENERGY**

This includes utilising 100% renewable energy by 2030. Most importantly, the coal boiler will still be decommissioned by the end of 2023. The first step towards this was taken last year by installing solar panels on the roof of Te Kete Ika and installations are planned for more campus buildings.

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## **WATER AND BIODIVERSITY**

As well climate change, society is also facing a biodiversity crisis. This area is aimed at increasing water usage efficiency and enhancing biodiversity on campus. These are addressed in the Campus Landscape Master Plan and are also a directed measure for farm management. If done correctly, this would present Lincoln as a leading demonstrator for sustainable land-use.

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## **MOBILITY**

A number of mobility projects are currently under review such as bus use, carpooling initiatives, air-travel, electric vehicle fleets and (controversially) paid-parking on campus. If done correctly and hastily, this would provide funding for Lincoln to champion the use of shared, sustainable transport for all students and staff.

## **WASTE**

At present Lincoln produces 25% recycling and 75% waste. Work is being done to review procurement practices and the consistency of waste categories across campus. Work also needs to be done to improve waste education on campus. Ideally, Lincoln should become a zero-waste campus by 2030.

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## **FARMS**

This involves Lincoln becoming a best-practice example for land-use in a changing climate. This will be done through education, demonstration, research and development. This indicator is also a culmination of the five other focus areas and presents them in a way that is industry leading and allows others to see the benefits of practicing sustainable agriculture. Furthermore, Lincoln could become a fully self-supporting food system— utilising its resources to provide for catering needs on campus.

The next step to minimising Lincoln's impact will be to focus on research and development and incorporating that into the plan. There were some questions raised about these goals being set on a timeframe that leaves things too late and the impacts of COVID-19 will no doubt cause further delays. Although our changing climate is no doubt realistic, it is important to note that the goals have to remain realistically achievable for the University. It will be interesting to look out for consultation on proposed draft action plan, coming soon. SAGE is committed to supporting the University implement this plan and wants to be the bridge between the campus community and the University to make this happen.

# How We Overcame Boredom and Chaos

[Dao Le Trang Anh]

PhD student at Faculty of Agribusiness  
and Commerce, Lincoln University

All of our family members are students: my husband and I are PhD students at Lincoln University, and we have a four-year-old daughter. We planned to come back to our home country, Vietnam, for a family reunion in March, but then our trip was cancelled due to COVID-19. While staying in New Zealand during this unprecedented and chaotic time, how to continue our study and spend time together were very important. Here were our ways to eliminate anxiety and boredom at home.

## Learning New Things

**Baking:** During the lockdown, I decided to learn baking with my daughter. Previously, I never baked the cakes.

In our home country, the popular desserts are fruits, sweet soups, or boiled/steamed traditional cakes. I realised that my daughter and I were really interested in baking. My daughter tried to imitate me and helped me to pat and mix flour. After six weeks of staying at home, we could bake several types we loved, such as coffee bean cookies, chocolate mousse cakes, buttered bread, and raisin scones. We had a great time together, discovering our new ability and enjoying the cakes in the wonderful autumn afternoons.

**Investing:** My husband and I learnt to invest in Vietnam stock market in a chaotic time (yes, we made our investment online!). In COVID-19, almost the stocks in Vietnam securities market plummeted. We recognised there was a great chance to buy shares at a reasonable price. While my husband focused on stocks of banks and financial institutions, I paid more attention to non-financial corporations. Luckily we have chosen the right stocks as they increased prices later, thus established our confidence in our investments.

**Managing Space:** We learnt to share spaces and time. To maintain our PhD thesis, we agreed that we need to give family members enough space and time for our own duties. Finally, we decided that during the day, my husband and I helped each other to play with our kid while the other was working. Also, I kept working in the early morning, while my husband worked in the late night. Our tasks were manageable, finally.

## Playing and Laughing Together

**Sunbathing and Playing Outdoors:** Needless to say, a kid always needs movement. Therefore, we designed several outdoor activities such as playing golf on grass

square behind our house, doing everyday exercises (aerobics and yoga), playing with sandpit in the garden, and watering the plants. Fortunately, there was a lot of sunshine during lockdown, thus brought us full of energy to work out.

**Communicating:** Zoom times with family and friends, of course, are indispensable in our normal life. We kept chatting with our parents, relatives, and

friends in Vietnam and New Zealand. We celebrated my father's birthday online and sang birthday song together. We called our close friend who had a newborn to congratulate her. Even though we did not physically contact, we still felt the atmosphere of family reunion and friend gathering.

Six weeks of lockdown and social distancing passed very quickly. Our family members got closer as we had a great time together. We could not deny the discomfort and difficulty during the isolation period, but we tried to change our attitude to it. After all, this definitely is one of the most memorable experiences in our life.

**We could not deny the discomfort and difficulty during the isolation period, but we tried to change our attitude to it.**

# Uni Life Around the World

Balaji — Post Grad Diploma. Student at Lincoln Uni Since 14th Feb 2020.

 ST. JOSEPHS COLLEGE OF ENGINEERING, CHEENAI, INDIA

## Where have you studied before and what did you study?

I studied at home in Chennai, India at St. Josephs College of Engineering. I have a bachelor's degree in chemical engineering. I've always loved chemistry, but my father (being an Indian parent) insisted that I must become either an engineer or a doctor, so naturally, I mixed chemistry with engineering.

## Can you give me a run down on some of the main differences that there are between St. Josephs and Lincoln?

Back in India there are a lot more students. Most of the classes have about 300 students but this doesn't change throughout the years as even seniors still have around 300 students in their classes! All in all there are double the amount of students at St. Josephs and between 1000–2000 students per department.

In India, you aren't able to just travel back and forth in your own vehicle to uni, everyone must take the college transport which is about 2 hours travel per day! The bonus with spending so many hours at college is that if you pay extra, breakfast, morning tea and lunch are provided. The food is pretty good.

A huge difference is given in the chairman's slogan: "boys boys talk, girls girls talk, if boys and girls talk, the chairman will talk to you". So basically, if I was to talk to a girl, there could be consequences, although some staff can be slightly lenient.

## Why did you decide to come to Lincoln University and what are you studying here?

I actually got a seat at the Australian National University first but then I chose Lincoln because the country is so peaceful. On another note, if I went to an Australian Uni, there would be so much conflict over cricket matches and if Australia would win a game while I was there, I'd leave the country. These are the important issues.

## Is the workload quite different back home?

Yes! There are no assignments at St. Josephs College. During the semester, you have to sit 3 separate exams that have a total of 100 marks each, and even then, that only equates to 20% of the semester. These are followed by a final exam worth 80%. Its total madness!

I'd prefer to study all over again at Lincoln University because there is so much academic guidance and club activities that make the whole experience so interesting.

## Do you miss anything from Uni in India that we don't offer here?

I miss nothing. (Editor's input: WOOOOO, go Lincoln!)

## What do you miss most from back home?

Mums cooking! Even when your 30 years old, mum's food is the best! Back in India, if you are still unemployed or studying in your late 20's, your parents still provide for you, its really great! I also miss my friends; we would hang out every single day and I would see them when I DJ for the clubs as my part time job.

## I understand that you have quite the musical skills! Can you tell us about that?

Its like I just want to be happy and music makes me feel happy. I wanted to start playing an instrument and being a DJ seemed to be the top new skill you should have if you go to parties. The best thing is, is that when I play a gig at a club, not only do I get paid for it but the clubs also provide you with a two-course meal and free drinks!

## Then you must have an awesome DJ name?

Yes! Its DJ MorningStar – Inspired by the show 'Lucifer' and beautiful New Zealand.



# UTSNZ Lockdown League

[Ben Bowie]

It has been testing times for many during the lockdown—myself included. Aside from watching your favourite Netflix shows, baking, working out and of course studying, there is only so much you can do when stuck at home for 7 long weeks. Well thanks to UTSNZ, over the past few weeks, they have set out the 'Lockdown League' for all of the New Zealand universities to compete in. For those not aware, UTSNZ is University and Tertiary Sport New Zealand, a not-for-profit organisation that organises and runs many of the sporting events throughout the year for students and universities to compete in. The lockdown league was announced by UTSNZ a few days into the nationwide lockdown, with the intention of getting students, coaches and staff involved in somewhat basic sporting skills challenges, competing with all of the other universities around New Zealand. The university with the most points at the end of the lockdown league in May, crowned as the winner of the first annual UTSNZ competition.

Each week a new skills challenge was posted on their Facebook page outlining the specific challenge, with all entries earning the respective universities points and bonus points for creativity and performance up for grabs too. The basketball skills challenge was the first to be posted and many of the big universities started off strong including Waikato and Auckland, but it was Lincoln who rose to the occasion taking out the first challenge, thanks to Rosalia Samia also taking home the most creative performance and gaining the most votes. It didn't stop there for Lincoln though. The next skills challenge was ultimate frisbee and Lincoln managed to take 3rd place amongst the other universities, with the winning entry (myself—with the help of all the LU voters!) and the 3rd most entries overall. Lincoln continued their winning ways with the golf challenge, having the most entries and the winning shot by Jayden Chan. With four more challenges remaining, Lincoln was sitting above all other universities with 20 points, Waikato in second with 18 and Victoria in 3rd with 13. Futsal was next up and with a slow start, Lincoln managed a late run to scrape into 3rd place, but for the fourth challenge in a row, LU once again took out the best entry thanks to Sri Jith. The next challenge up was badminton and despite being the only university to never enter the UTSNZ Badminton Championships, Lincoln took gold again with 25 entries, 17 more than

any other university and the winning entry with the very creative use of a keyboard and feijoa—Coel Kerr. In the background of these skills challenges, a 5km virtual race competition was in the mix, with the most entries and fastest times earning each university points. Surprise surprise, little old Lincoln took home first equal with AUT, having the most entries and the 3rd fastest women's time completed by Lauryn Hippolite (a speedy 19.28). With the last challenge being announced as hockey, and a 3-point margin over Waikato overall, Lincoln was sitting pretty to take out the first ever lockdown league competition. Just like the first challenge, it was a slow start for Lincoln in the hockey challenge, but we managed to claw back to take out first place again, with the most entries and winning performance by Tim Sheed.

The results were in the books and Lincoln University had snuck past Waikato on the overall points table to be crowned the first (and hopefully only!) UTSNZ Lockdown League champions of 2020! The final results were as follows:

- 1<sup>st</sup>: Lincoln University (47)
- 2<sup>nd</sup>: University of Waikato (43)
- 3<sup>rd</sup>: AUT (33)
- 4<sup>th</sup>: Massey University (25)
- 5<sup>th</sup>: University of Auckland (23)
- 6<sup>th</sup>: Victoria University of Wellington (22)
- 7<sup>th</sup>: University of Otago (10)
- 8<sup>th</sup>: University of Canterbury (10)

A huge thanks must go out to UTSNZ for putting on the gig, it was a great way to get everyone out of the house over these tough few weeks and challenge themselves to something new! Also—to Hoani Smith from the LU Strength and Conditioning team at the Rec Centre for getting on the LU social media pages and getting people to participate and represent Lincoln, as well as also giving the challenges a go himself! It was awesome to see some familiar faces getting creative and giving it a go, while also having a bit of friendly banter and competition with all of the other universities. It really proved how tight-knit Lincoln is and the support we have for one another. If you want to check out all of the entries and winning videos, they are on the UTSNZ Lockdown League Facebook page! Cheers and stay safe.

## Get Kitted up for Winter with our Range of Lincoln Uni Merch.

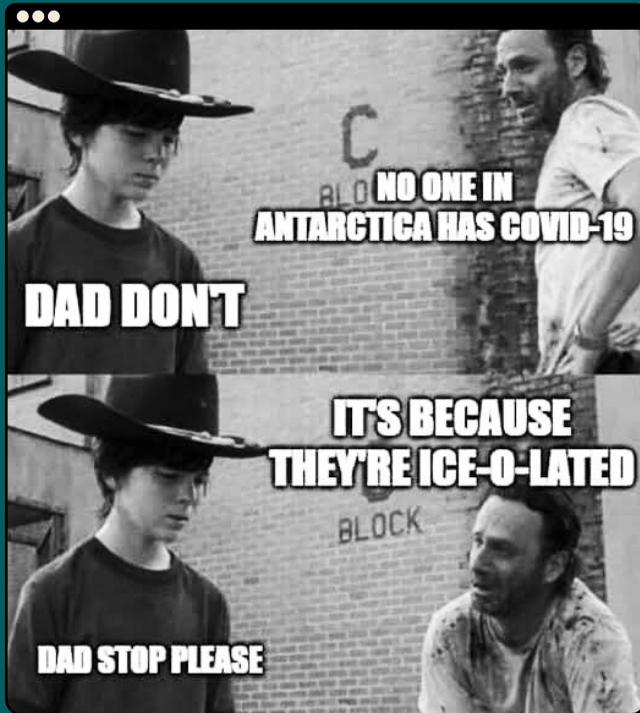
[lusa.org.nz/shop](https://lusa.org.nz/shop)



**SUBMIT YOUR YARN TO RAM AT [LUSA.ORG.NZ/RAM](https://lusa.org.nz/ram)**

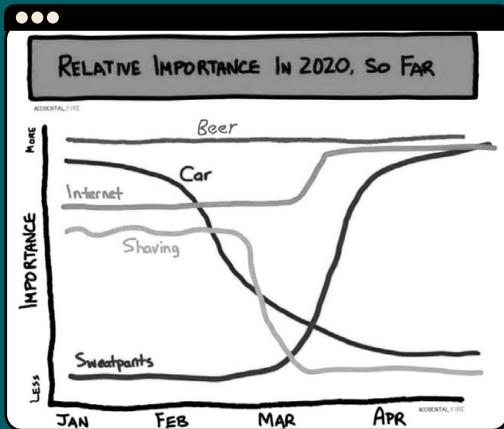
# COVID-19

AS TOLD BY THE MEMES OF FACEBOOK

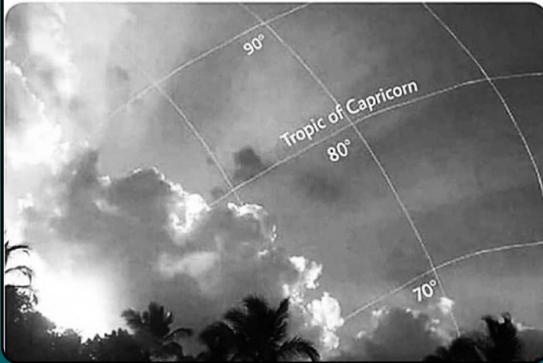


**BREAKING NEWS**

Donald Trump has told all weightlifters who cant get to the gym to inject themselves with Mr Muscle



Due to less air pollution, the latitudes and longitudes are now visible in the sky



# IF DONALD TRUMP HAD CAPTAINED THE TITANIC

There is no iceberg.  
We won't hit an iceberg.  
I knew it was an iceberg before anyone else knew.  
No one knows icebergs better than I do.  
The penguins brought the iceberg here.  
No one could have predicted the iceberg.  
We cannot allow an iceberg to stop our ship.  
The crew is spreading fake news about icebergs.  
Some of you have to drown.  
I am the best captain, ask anyone.

Everybody: so far in quarantine I've taught myself to meditate, baked my own bread, and read 15 books!

Me:



**Wearing your face mask like this.....**

**Is like you wearing your underwear like this**



**So please wear your face mask properly!**

Me coming out of lockdown with all the stupid shit I ordered online





# Day of Days: Navigating Higher Education During the COVID Pandemic

[Grace M]

**I am here. I am to leave. All cleared to stay. Oh! I am really leaving this time. Okay. Farewell, New Zealand. Missouri, USA, here I come.**

Such were the circumstances surrounding my last week and a half at Lincoln University, Lincoln, New Zealand. Like many other students across Mizzou's campus and the United States (the world, included), for my own well-being and that of my host country I asked to return to native soil. The scramble of trying to figure out all I needed to do was stressful, but the worst was the fear I would not be able to continue on with my courses. That was the whole point of coming to New Zealand! I wanted to gain a better grasp of agriculture on a global scale, and learn from my instructors how sheep production, forestry, wine growing, etc., was done in different parts of the world. Thankfully, my host university and instructors were extremely helpful and considerate with all the changes happening and assured me I would be able to continue all my courses online from the U.S.

Whew! What a relief. My instructors each displayed a great deal of grace with my transition from being in class to online back home. Dr. Chris Logan, the instructor for my "Introduction to Sheep Production" course, made it especially so. He scheduled a meeting on campus before I left so we could discuss the future of my studies, answer any questions I had and reassure me of my position in the class. His amount of care to take time to sit down with me and make sure I was prepared to continue on with the class was wonderfully considerate. Discussing my soon departure, one of the things we talked about was the strain that this time was having on educators across the world; and since

I am an agricultural education major, I was especially curious about the changes to his agriculturally centred, hands-on education approach.

One of the practical lab instructions I received in my sheep production course: how sheep handlers shear hundreds of ewes in a relatively short amount of time.

"It (the COVID-19 pandemic situation) changes day-by-day, hour-by-hour really," was his comment. Thus, he and his fellow educators were changing with it. Educators (and their students) are having to reinvent their methods of instruction and implementation of course material; learning and adjusting to be more mindful and intentional with coursework. We both agreed a great change to education would come from these times; particularly in his courses, with heavy importance put in field trips and farm tours and on-farm lab instruction. Better substitutes for practical aspects will need to be thought of for the future of education.

It would be an understatement to say these past few weeks have been ones of great change for me; learning how to approach totally online coursework; navigating the trouble with time change between my courses and my current time zone; adjusting to being back home months before I intended to be. 'Day of days', indeed, we find ourselves in: a time of confusion and frustration and worry for the world; a time for human ingenuity and adaptability; a pivot-point for the future of healthcare, hygiene, transportation, education. All is changing. Let us navigate it with grace and a positive outlook for the good we can do after the wake settles.

March 30, 2020



# The Hardest Goodbye

[Cher Prazak]



Having the opportunity to spend two months in New Zealand was the best thing to ever happen to me. If I had the chance to go back and do it all over again, even with knowing I'd be sent home, I would.

In January, I was so nervous to travel abroad by myself and was unsure about how everything was going to work out. But everything seemed to work out in their own mysterious way. All of us were able to stay safe and have the best time of our lives. I could not be more thankful for the friends I travelled with for the first 3 weeks and the friends I made along the way. I still can't believe we actually fit so much into the time we had, but it was all worth it in the end. Everyday was a bigger adventure than the last and we saw some really awesome things because of it.

I haven't been this content with life for a long time and it felt truly amazing. All the friends I made at Lincoln University will hold a special place in my heart as there is no way I could ever forget the memories we made. Having to leave you guys was the hardest thing I've ever done in my life and I still look back and wish I had fought harder to stay. But as it was not meant to be, I am now home safely in Colorado reminiscing on everything that happened.

I will forever be thankful for all I got to experience and will use what I learned to better myself and my future. Unfortunately I will not have the opportunity to go back to Lincoln for another semester and will finish my classes remotely at home. However this does not mean that New Zealand has heard the last of me. There is nothing that can stop me from finding my way back to the most spectacular place on Earth. ▶

## **March 17th**

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Woke up this morning feeling completely sick, all of my symptoms were scarily similar to those of the Coronavirus. So I dragged myself out of bed and over to the health center. I was put in a room and was left to wait for the doctor where I feel asleep in the small plastic chair I was sitting in. The doctor was incredibly nice and tested me for the virus and strep. They set me up in an isolated pod of rooms for the night, since they didn't want to risk exposing anyone if I did have the virus. I was the only one in there and got dinner delivered to my door that night as well as having my friends stop by my window to talk for a little.

The worst part was that it was St. Patrick's Day and our flats were having a big goodbye party for all of the students going home in the next few days. But as I was quarantined, I had to miss it and even say goodbye to my good friend Sarah through the window. To which she was chased away by the night duty because she "couldn't be near my closed window." I was truly crushed.

## **March 18th**

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Woke up to find my breakfast of canned spaghetti and powdered eggs waiting for me, but barely ate anything from not having an appetite. I waited all day to hear of any news on my test, only to find out it was going to be another day. So I spent that night alone again, knowing that I did not have the virus because I was already feeling much better.

## **March 19th**

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Woke up to the news that my test came back negative and that I could go back to my flat. Sydney came over to talk about the party from the other night and told me about how worried everyone was about me. The entire time I was in quarantine, I was incredibly nervous that I'd be the first person on campus to get the virus. I knew that if I had it, all the other international students would have it too at that point. So finding out that I was not contagious definitely lifted my spirits a bit.

As I was in isolation, Sydney and I bought a car from one of the leaving students, so we went out for a drive that afternoon. And that night we got together with our Breakfast club and discussed our plans for Spring break. All of us had decided to stay in New Zealand during this pandemic and were now set on where we were going to be going for the 3 weeks off of school.

Yet everything we planned was just a dream we all silently knew was never going to happen. Everyday we'd get new updates that would change anything that ever was planned and that's exactly what happened.

## **March 20th**

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This Friday morning, I was awoken to the news that Colorado State University wanted all of its students in New Zealand back. They heard of New Zealand closes their borders that next week and needed us back. At this point the country only had eight cases of coronavirus, all from people who had travelled into the country from outside. Showing how safe we would have been to just stay where we were and isn't that the whole point of the "stay where you are" idea. But no, CSU wanted us to fly on three planes and go through four airports just to get back home. Our chances of contracting the virus on the journey home was very high. Yet that stood as our only choice, so we all found tickets to go home that weekend.

## **March 21st**

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Today was the worst day in New Zealand for me as I had to say goodbye to everyone. Back at Coffee Culture, we had our last breakfast club meeting together and spent that night together after packing. All of my European friends were going to stay at Lincoln during the lockdown because their universities understood they'd be safer there. A few people completely transferred to Lincoln and are now studying there full time. As for the rest of us, we solemnly spent the night together as our last time being all together.

Most of the night was spent squished together on a couch as we had been multiple times before. I've never been more comfortable with a group of people as I was with all of these amazing girls. However my favorite part of the night was spent laying out in the grass together. Just gazing up into the Milky Way with all of my favorite people. Tears flowed way too easily that night as saying goodbye to all of their beautiful souls was harder than anyone could've imagined.

## **March 22nd (NZ time)**

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Finished cleaning out my room at 5am in the morning and said goodbye to my flat. On the way to the airport, I saw my third and final sunrise in New Zealand. And as I was still sick, I had been lucky to get a face mask from one of the ladies in accommodation since the health office was not handing them out. And was able to wear that throughout the journey home, while suppressing my terrible cough.

## **March 22nd (U.S. time)**

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Four airports, three airplanes, and 32 hours later, Kristen and I emerged from the Denver airport to be picked up by our parents. Finally home, I went straight to my room to start my 14 days of self isolation that is required by anyone travelling.

Sleeping for 15 hours that night, 8 hours that next day, and 11 hours the same night, you could guess I was exhausted. The first week in isolation was spent recovering from my cold. The second week I started finding ways to entertain myself with crafts. My main project was this blog. It is now May 10th and I am just putting the finishing touches on everything. School has been a pain to accomplish online and I am still attempting to catch up... I still have until the end of June.

I was unfortunate to have a relapse for my cold and have now been fighting a terrible cough for 5 weeks. I am lucky that it never turned into the Coronavirus and am finally getting back to my normal self.

Writing this blog has been a huge challenge to accomplish, as reading through my journal and reliving the best moments of my life just made me even more downhearted. Nevertheless, I do believe that finishing this has sewn up the gaping hole in my heart and allowed me to have some closure with this unfortunate situation. Life will go on and the only thing I can do is to remember the good times and keep living the life I want to lead.



# A WEEK OF Wellness

[Anonymous Student]

## MONDAY

- Drink a glass of water when you wake up. Water is essential! Drink water regularly.
- Try a Les Mills BodyBalance 9am TV1. This is a great way to move, stretch, be mindful, increase energy levels, and prepare for a busy week.
- Set 5 goals for the week. e.g. Attend all your zoom lectures, finish an assignment, go for a run, go to sleep earlier, FaceTime a friend.

## TUESDAY

- Write a to-do list for the day. Find a blank piece of paper, and write down all the important things you need to do today. Stick to your list!
- Listen to a podcast. There are so many podcasts for a range of interests, find one that suits you and what you are interested in.
- Go for a 30-40min walk outside. Fresh air boosts your mood and increases oxygen levels.

## FRIDAY

- Do something you've been putting off. Is it the last paragraph to your assignment? A run? Cleaning your room? Doing your washing?
- Enjoy the sun. Take your study outdoors, eat lunch outside, read a book outside, even hang the washing up in the sunshine.
- Start to learn a new skill. Don't start tomorrow, next week, next month. Start now!

## SATURDAY

- Make time for a wholesome breakfast. Try a new trendy breakfast: smoothie bowl, avocado on toast, or even a cooked brunch.
- Do a workout. There are heaps of workout ideas on YouTube, Pinterest, instagram, etc.
- Message 3 friends you haven't talked to in a while. Ask how they are, how their week has been, compliment and listen to what they say.

### WEDNESDAY

- Limit the time on your phone. Take a break from social media, the news, games, etc. Talk to your family or flat mates instead.
- Eat a healthy, nourishing lunch! Include a range of protein, carbohydrates, vegetables, fibre and healthy fats.
- Play a board game with a family member/flatmate. Spend time with your bubble.

### THURSDAY

- Take your dog for a morning run. Your dog needs exercise just as much as you!
- Tidy your room. Maybe even rearrange the furniture, tidy your desk, tidy your wardrobe, make your bed, and finish by vacuum cleaning.
- Cook dinner for your family/flat. Find a new recipe everyone will like, and don't forget to add veggies. Did you cook dessert too?!

### SUNDAY

- De-clutter. Delete unnecessary emails, go through your photos, your computer files.
- Write a timetable for next week. Include your zoom lectures, assignments due, set study time. Then, add in things you want to do for you.
- Go to bed an hour earlier than normal. Sleep is the best way to recover from a busy week, why not get an extra hour.

### My GOALS for the Week

Set FIVE goals for the week.  
Tick them off when complete!

1.

2.

3.

4.

5.

# Feijoas

[Anonymous Student]

The wonderful season of feijoas has arrived and it can be hard to know what to do with the enormous amount piling up from your feijoa bushes. Here are two of my favourite recipes to use up feijoas.

A delicious cake that anyone will love (even feijoa haters) to use if you have a few feijoas you don't know what to do with, and a feijoa jam to make if you have kilos of feijoas to use up!



## Feijoa Honey Cake

### Ingredients:

80g room temp. butter  
¾ cup liquid honey  
3 eggs  
1 tsp Vanilla extract  
1 cup feijoas mashed (about 5 depending on how big they are)  
2 cups flour  
1 tsp baking powder  
1 tsp baking soda  
¼ tsp salt  
½ cup milk  
½ cup roughly chopped almonds (*optional*)

### Method:

1. Preheat oven to 180C.
2. Cream the butter and honey together until pale.
3. Add eggs one at a time, mixing well in-between.
4. Add vanilla, then fold in mashed feijoas.
5. Sieve in the flour, baking soda, baking powder, and salt.
6. Fold in the milk, then add the almonds (*if using*) and mix.
7. Pour batter into a baking paper lined cake tin and bake for 35-45 minutes.



## Feijoa Jam

### Ingredients:

1 kg feijoas, leave the skin on  
600g sugar  
Juice of one lemon  
1 tsp vanilla essence

### Method:

1. Wash the feijoas and cut the ends off.
2. Splitz the whole feijoas in a food processor.
3. Pour the feijoas into a pot and add 1 cup of water (this is so that they don't stick to the bottom of the pot).
4. Simmer on low heat and stir occasionally for 30-50 minutes, depending on how thick the feijoa skins were.
5. Add the lemon juice and sugar and stir until all the sugar has dissolved.
6. Increase the heat so that it reaches a slow boil and add in the vanilla.
7. Once the jam has darkened a little, it is ready.
8. Tip into sterilised jars and seal. (I usually just wash my jars with almost boiling water but some people have more complicated methods.)



SPACE is the student-run social and support group for Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex, Asexual and other gender and sexually diverse (LGBTQIA+) people at Lincoln University.

We host social events and have regular catch-ups in our private club rooms on campus. We also have resources available for all students and staff.

**Want to know more? Get in touch!**



@space\_lincoln\_



<https://www.facebook.com/SPACELincolnUni/>



space@lusa.org.nz

## CLUB CONTRIBUTION

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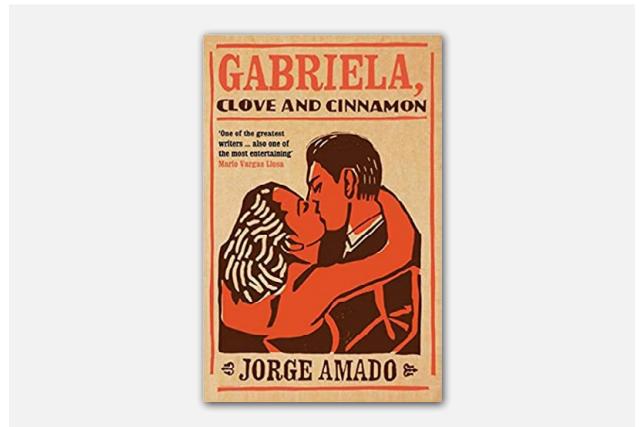
**LatiNZ is a Lincoln University club that aim to create an atmosphere for cultural exchange, from all parts of Latin America to New Zealand.**

We organize dancing, quiz events and some gastronomic gatherings with famous the famous LatiNZ BBQ. Last year, we had a movie & pizza night and displayed "Coco" a story around a singular Mexican celebration called "Día de los Muertos" (Day of the Death) and where our Mexican members told us how they celebrated at home. If you haven't watched it yet, hopefully soon, you can get the DVD at our Library.

This time, we have a book review done by Adriana Matamoros. The title of the book is "Gabriela, Clove and Cinnamon", was written in 1958 by the Brazilian novelist Jorge Amado and first published in English in 1962.

As Adriana said, "This is one of those books really worth to read".

Enjoy this review and if you want to read it, send a request to [latinclub@lincolnuni.ac.nz](mailto:latinclub@lincolnuni.ac.nz)



**Book title: Gabriela, Clove and Cinnamon**

**Book author: Jorge Amado**

**Country: Brazil**

**Written by: Adriana Matamoros**

For some, it's a history book. For others, it is a love story. For me, it is more about free spirits and their attempts to escape the devastating faith of living meaningless lives dictated by others. The story unfolds in a city from the coast of northern Brazil called Ilheus. A place where honour, power and respect were based on peoples' possessions. But some brave souls dared to challenge this as the only way of living they understood was the one that their hearts dictated. One of such characters was Gabriela, a type of person that you would say marched at the beat of her drum. Gabriela migrated forcibly from the Cerrado region, an area characterized by severe droughts, leaving loved ones behind, in hopes for a better future. She was offered so many opportunities to change her ways in exchange for a so-called better life full of luxuries but didn't. She is a reflection of all those uncomprehended souls or the so-called outcasts that feel that there is more to life than appearances. When engaging with the characters' joys and misadventures, you find that the world can be both surprising and difficult. They show us that when you make decisions following your heart or a cause bigger than yourself that resonates with you and it is worth working for, is always the best call, even if it seems counterintuitive.

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# Horoscopes



## Aries

March 21 – April 19

Things are looking up for you this month! You can keep this up if you continue to make good choices like paying your bills on time and maybe try eating a vegetable with dinner, like, at least once.



## Taurus

April 20 – May 20

It's never easy, Taurus. But anytime you're feeling low, remember how much fun the cast of "Friends" had! And, just like you, their jobs were jokes, they were broke, and their love lives were DOA.



## Gemini

May 21 – June 20

I know your mum said it's an unhealthy habit to bottle up your feelings or to drink to forget... but look at grandpa! He's a silent man who loves a good scotch. You keep doin' you.



## Cancer

June 21 – July 22

You never cried when you fell on the playground and you only shed a single man-tear that time you were pantsed in front of your Year 7 PE class. Never let 'em see you sweat.



## Leo

July 23 – August 22

Leo, you're lookin' a bit rough. You are the goddamn king of the jungle. Maybe it's time to find a new job that's a bit less stressful. Professional figure model, perhaps?



## Virgo

August 23 – September 22

Remember when your mum said you could be anything you wanted and you thought you could be an astronaut or a world leader or something cool? Maybe take a personal day to figure out where your life went wrong...



## Libra

September 23 – October 22

You've been working hard and it's time to blow off some steam, Libra. Just remember to be careful not to flush your watch down the toilet at the bar again.



## Scorpio

October 23 – November 21

Feeling like politicians, athletes, and pretty much everyone sucks? This week is a good week for taking a break from social media, Scorpio...



## Sagittarius

November 22 – December 21

I know that it's kinda cold, but kinda not really... but fleece vests were never a good look and are not making a comeback.



## Capricorn

December 22 – January 19

A penny saved is a penny earned. But, let's be honest, what's a penny in a capitalist society? Just go ahead and treat yo'self.



## Aquarius

January 20 – February 18

Sick of all these engagement and baby announcements? Think you may be better off alone? Maybe you're right. Maybe you should consider adopting a cat or five.



## Pisces

February 19 – March 20

Ahh, Pisces. The fish. Sounds like the last drunk idiot you went home with from the bar. Maybe you should re-evaluate your life and your choices this week. No time like the present to try to salvage your dignity.

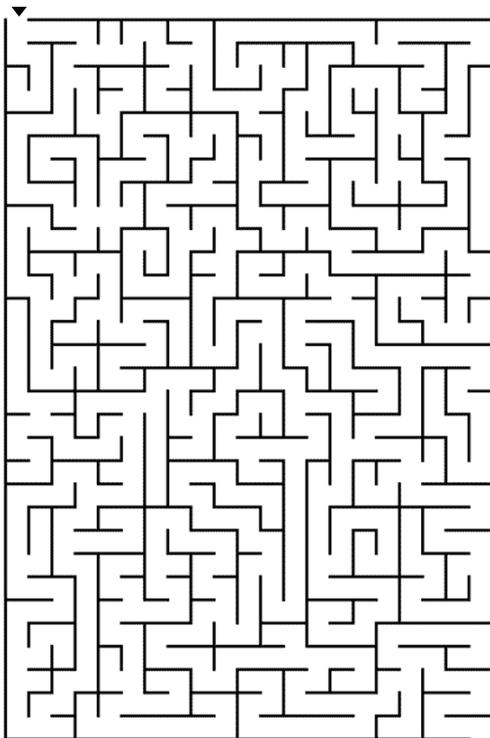
# PRO-crastinator

## SUDOKU

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## GET YOURSELF THROUGH THIS ONE



## ASK SIRI

- A. What does the fox say?
- B. Who you gonna call?
- C. What is your best pick up line?

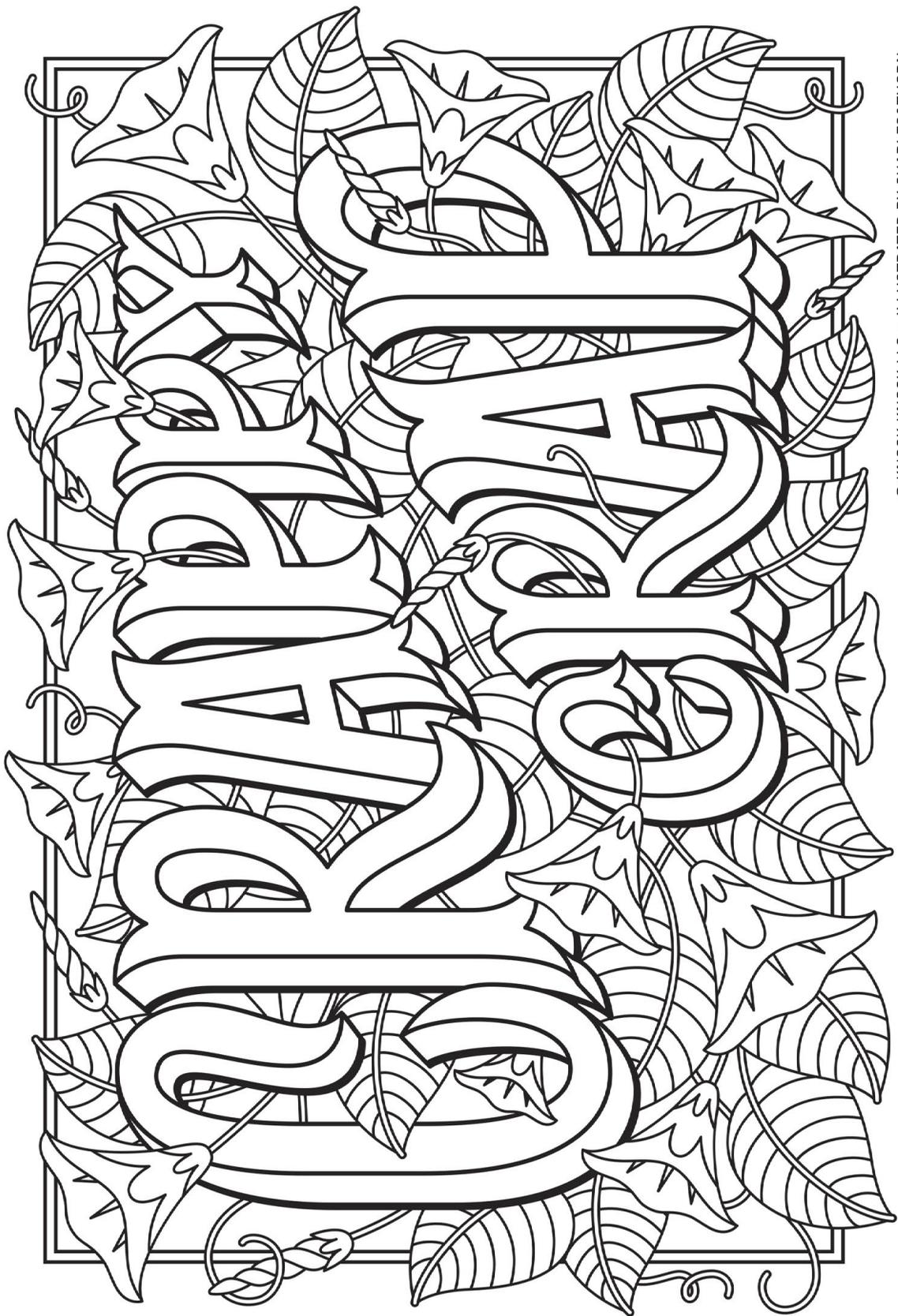
## WORD-BUILDER

How many words of three or more letters, including plurals, can you make from the five letters, using each letter only once? No foreign words or words beginning with a capital are allowed. There's at least one five letter word.



### Goals:

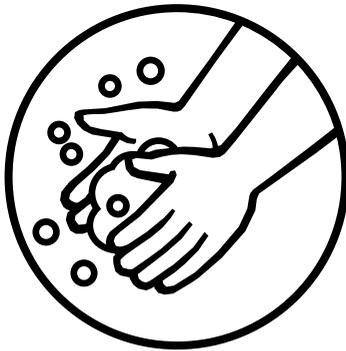
Meh, Alright—6 Bloody Excellent—10 Outta This World—13+



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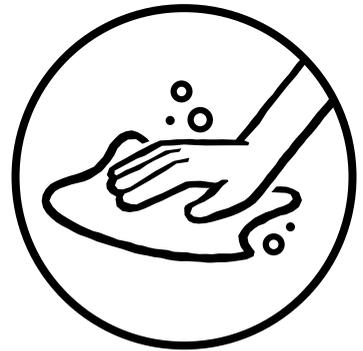
# Protect yourself and others from COVID-19



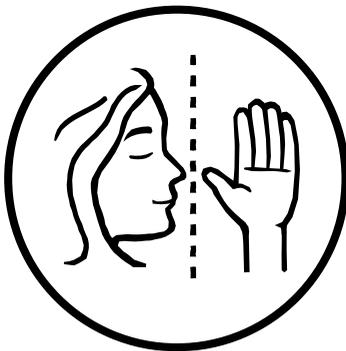
Wash your hands with soap and water often (for at least 20 seconds). Then dry.



Cough or sneeze into your elbow or by covering your mouth and nose with tissues.



Clean and disinfect frequently touched surfaces and objects, such as doorknobs.



Don't touch your eyes, nose or mouth if your hands are not clean.



Put used tissues in the bin or a bag immediately.



Stay home if you feel unwell.

For updates and more information on keeping yourself safe, visit [Covid19.govt.nz](https://www.covid19.govt.nz)

New Zealand Government

Unite  
against  
COVID-19